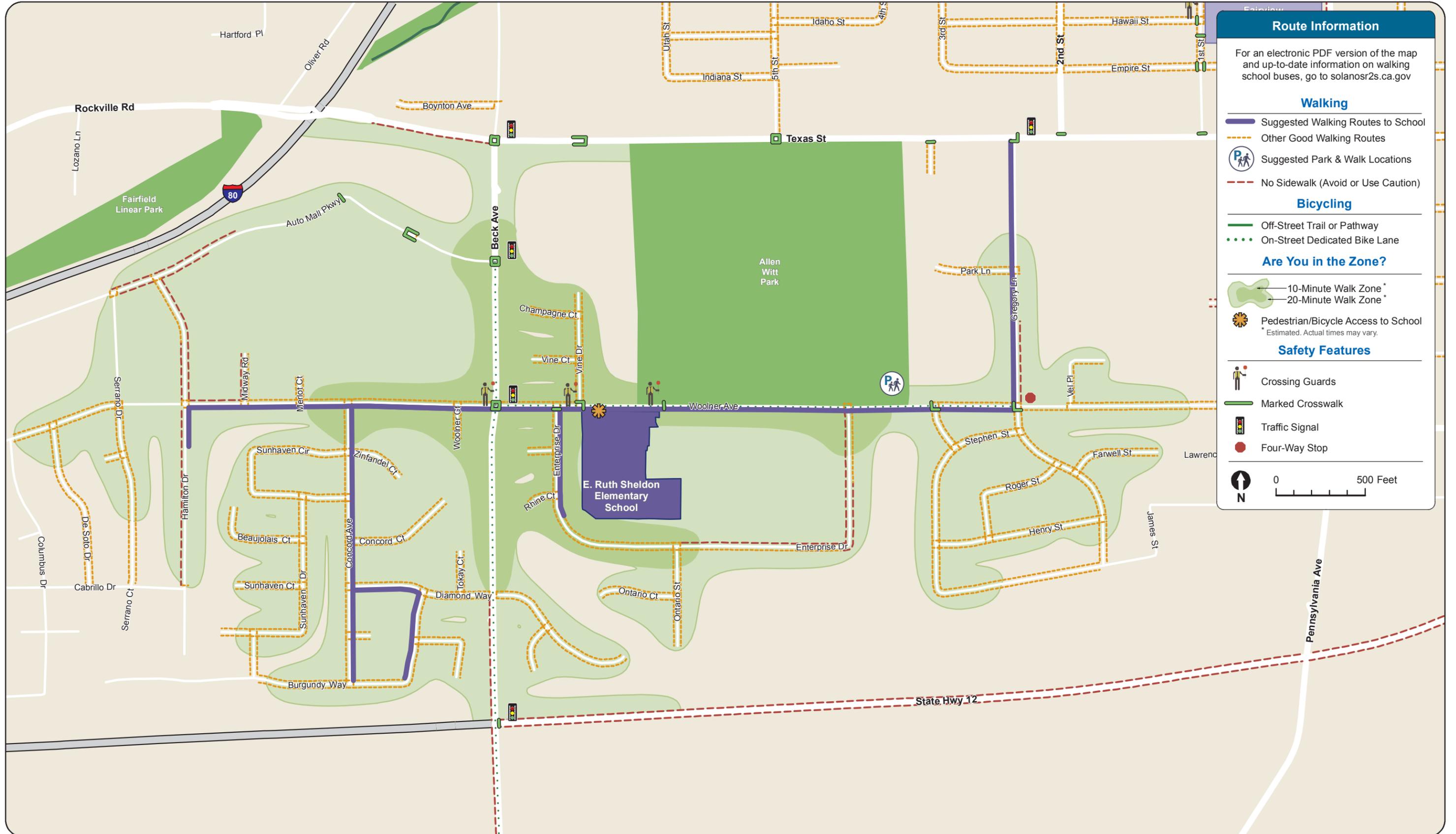




# E. Ruth Sheldon Elementary School Suggested Routes to School Map

E. Ruth Sheldon Elementary School • 1901 Woolner Ave. • Fairfield, CA 94533 • Fairfield-Suisun Unified School District



## How to Use this Map

This suggested route to school map helps parents and students get to and from school in the safest and most direct way possible. You can find the locations of traffic signals, crosswalks, four-way stops, crossing guards, trails and bike lanes.

### 10 and 20 Minute Walk Zones

**10 20** If you live within a 10 or 20 minute walk from school, commuting on foot can be just as convenient as driving, and much more fun.

It can also be a great way for you and your child to get regular exercise, and for your child's mind to become alert and ready for a day at school. Pick a day and use the map to test out what it's like to walk to school. Even one or two days a week can make a big difference – for you, your child, and the environment. Already walk? Use the map to help stay on the safest possible routes or to explore new areas around your child's school.

### Park & Walk

**P** If you don't live within the walking zone, there are still ways to get active and avoid the slow crawl to the school loading zone. Just look for the "Park and Walk" symbol to find nearby locations where walking the last part of the way to and from school can be fast and easy. This is a great way to help reduce traffic congestion and air pollution around the school, and to spend quality time with your child.

### Walking School Buses



A walking school bus is a group of children walking to school supervised by one or more adults. The Solano Safe Routes to School (SR2S) Program is actively looking to support parents and schools interested in starting walking school buses. Staff can help organize volunteers, locate routes, meeting spots, park and walk locations, provide safety equipment and training, or simply join the walking school bus to show support and help spread the word.



To see if there is an organized walking school bus in your neighborhood, or to comment on your route to school, click on the Google Map Tool button on the SR2S website at [www.solanosr2s.ca.gov](http://www.solanosr2s.ca.gov)

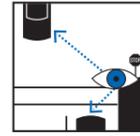
Don't see an organized Walking School Bus in your neighborhood? Help start one by signing up via the online map tool or by contacting SR2S Coordinator Tracy Nachand at (707) 553-5543 or [tnachand@solanocounty.com](mailto:tnachand@solanocounty.com)

## Walk and Roll Safely

### Be Smart, Predictable, and Alert



Obey adult crossing guards or school safety patrol.



Look for cars from all directions and make eye contact with drivers before crossing.



Activate push buttons. Wait for walk signal or stopped vehicles before crossing.



Hold your child's hand when crossing the street.



Always wear a bike helmet. Make sure a helmet fits properly before riding.



Yield to pedestrians, ride slowly, and take caution. Walk your bike on busy sidewalks and school grounds.

## Did You Know...

- Driving a mile to and from school can generate about two pounds of air pollution
- A 20 minute walk to and from school can burn over 100 calories
- A 20 minute walk to and from school provides two thirds of your daily recommended exercise
- Students who walk or bike to school in the morning arrive awake and more prepared to learn
- On average, half as many students walk or bicycle to school today than they did forty years ago

The Solano Safe Routes to School Program provides ongoing education, encouragement, enforcement and engineering support to improve safety, reduce congestion, and promote walking and bicycling as a healthy and viable way to get to and from school.

Give us feedback! Take the SR2S parent survey at: [www.surveymonkey.com/s/SolanoSR2SParentSurvey](http://www.surveymonkey.com/s/SolanoSR2SParentSurvey)



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[www.solanosr2s.ca.gov](http://www.solanosr2s.ca.gov)  
[www.facebook.com/SolanoSR2S](https://www.facebook.com/SolanoSR2S)

Program Partners



# safe routes to school

IN SOLANO COUNTY



# Walk & Roll to School

## Suggested Routes to E. Ruth Sheldon Elementary School